



FAMILY DRUG SUPPORT MEETINGS ROCKHAMPTON:

- Rockhampton
2nd Tuesday of
every month -
FDS Office, 110-
114 Campbell
Street,
Rockhampton
5:30pm –
7:30pm
- Lives Lived
Well, Binbi
Yadubay, 3rd
Tuesday of
every month,
12 Nuttal Street
Rockhampton -
10:30am-
12:30pm
- Online via
ZOOM, 3rd
Monday of
every month,
9:30am –
11:30am

FEELING HELPLESS AND ISOLATED AND AT A LOSS AT WHAT TO DO?

Drug and alcohol use places immense emotional and practical strain on family members. With support, they can improve their own wellbeing, those of other family members, and improve outcomes for everyone

There are no rights and wrongs – You don't have to do it alone

Family Drug Support offers a non-religious, open meeting for family members affected by drugs and alcohol.

Open to anyone and providing opportunities to talk and listen to others in a non-judgemental, safe environment.

COST: Free

ALL WELCOME

All enquiries – Belinda

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www.fds.org.au

